BREAKFAST CLUB



HIGHFIIELD JUNIOR AND INFANT SCHOOL

Highfield
J&I SCHOOL

A LITTLE PLACE TO BELONG, A BIG START TO THE DAY.

BREAKFAST BRINGS US TOGETHER.

A HAPPY MORNING MAKES A HAPPY DAY.

A Perfect Start to the Day!

At Highfield Junior and Infant School, we believe that every child deserves a happy, healthy and positive start to the school day. Our breakfast club provides a welcoming, friendly environment where children can enjoy breakfast, take part in fun activities and spend time with friends before the school day begins.

We offer two sessions to suit families and their needs: Early Risers and Rise and Shine.





Early Risers

8:00am – 8:15am

Our Early Risers session is available from 8:00am to 8:15am at a cost of just £1 per child. It provides an opportunity for children to arrive at school a little earlier, settle into the morning routine and enjoy a calm and welcoming start to their day.



Rise and Shine
From 8:15am

From 8:15am, all children are welcome to attend our free Rise and Shine breakfast club! Children can enjoy a delicious, free breakfast, with a selection of options including:

- Toast
- A variety of cereals
- Yoghurt
- Fresh fruit
- Milk
- Juice

We encourage children to develop their independence by making choices and helping themselves to breakfast wherever appropriate. These small but important steps help children build confidence, develop practical life skills and become more independent in a supportive environment.



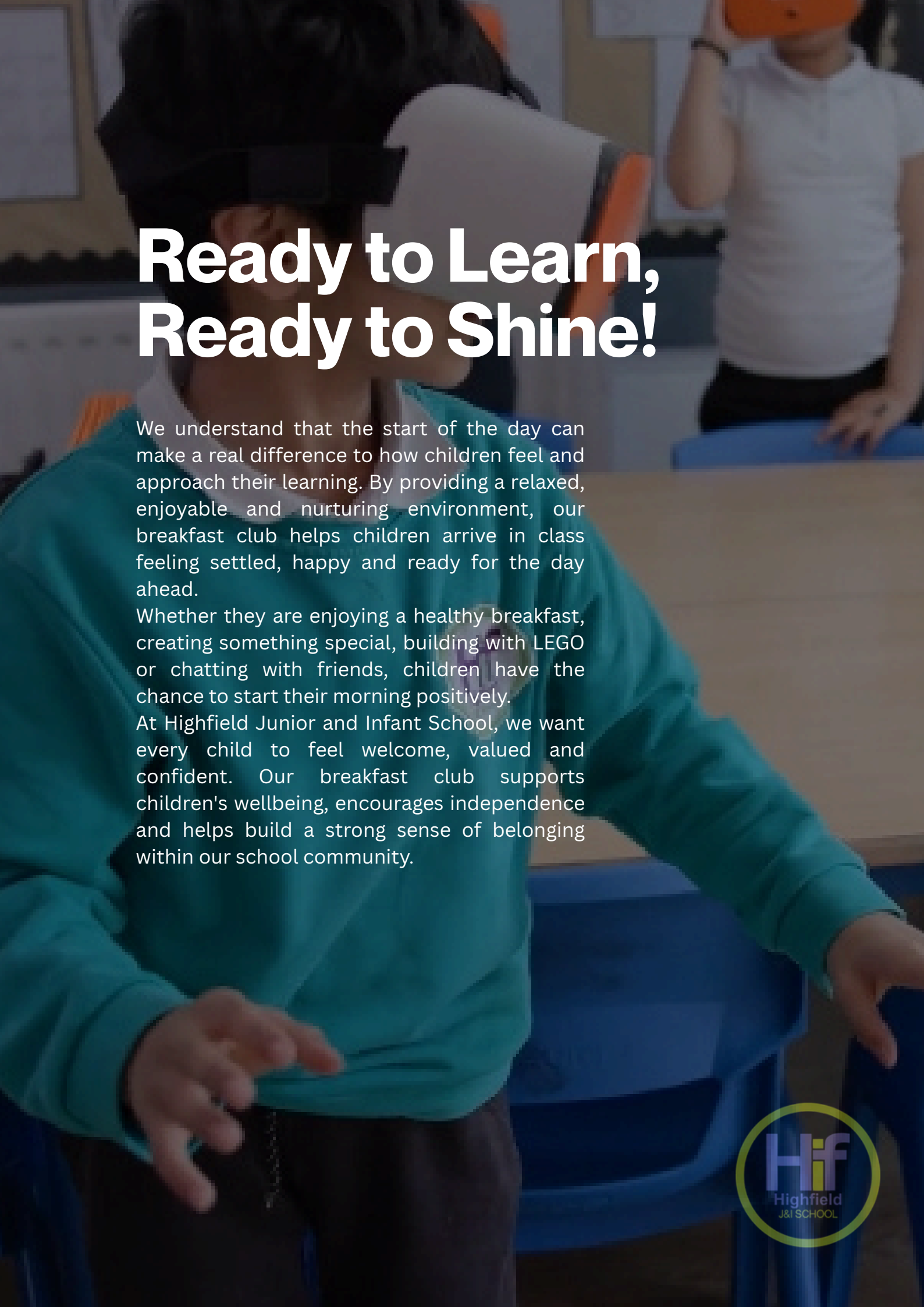
Fun, Friendship and Activities

Once breakfast is finished, children have the opportunity to enjoy a variety of activities in our hall. There is something for everyone, whether they enjoy being creative, building, solving puzzles or simply spending time with friends.

Activities may include:

- Looking at books and enjoying quiet reading time
- Building with LEGO
- Completing jigsaws and puzzles
- Taking part in arts and crafts
- Playing games and exploring other fun activities

Our breakfast club is about much more than breakfast! It provides a valuable opportunity for children to socialise with others, make new friends and strengthen existing friendships across different year groups. For some children, it is a chance to spend time with friends before lessons begin. For others, it can be an opportunity to meet new people, try different activities and grow in confidence. Our friendly and supportive environment helps children feel comfortable, included and ready to learn.



Ready to Learn, Ready to Shine!

We understand that the start of the day can make a real difference to how children feel and approach their learning. By providing a relaxed, enjoyable and nurturing environment, our breakfast club helps children arrive in class feeling settled, happy and ready for the day ahead.

Whether they are enjoying a healthy breakfast, creating something special, building with LEGO or chatting with friends, children have the chance to start their morning positively.

At Highfield Junior and Infant School, we want every child to feel welcome, valued and confident. Our breakfast club supports children's wellbeing, encourages independence and helps build a strong sense of belonging within our school community.

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A healthy breakfast, happy friendships and fun activities – the perfect recipe for a fantastic start to the day!
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HAPPY – INSPIRED – FOCUSED